FULTON NEWS

There will be a "Valentine Teat" at the residence of Mrs. C. H. Smith, No. 70 State Street, on Wednesday night, Feb-ruary 14th. There will also be an enter range of talment consisting of "tableaux" and "pantomines" by nine little girls. A sliver offering will be taken at the door, which will be used for the parsonage found of Denny Street Methodist Church.

The executive board of the Denny Street Methodist Church held a meeting Wednesday night. The Builders' Leugue has fulle a large sum of money at hand, which makes the prospects for a new hourch seem very bright. Committees for this purpose were formed.

The Ladles' Aid and Missionary Society of Four Mile Creek Birptist Church will tive a "silver tea" in the church on the night of Washington's birthday. An enertainment is also a part of the programme, and the ladles extend a cord all nythation to all to come and enjoy a cup of tea with the "Young Marthas" and see a first-class entertainment.

Mr. Lawrence Martin, who has been

nd see a first-class entertainment.
Mr. Lawrence Martin, who has been onfined to his home on Jraham Street y sickness, is now able to be out.
Mr. Fred. Hyer has returned from a leasant trip to Williamsburg.
Mrs. William Bowen is confined to her one by sickness.
Mrs. Slaughter, of Orange county, is he guest of her son, E. A. Slaughter, in Fulton Hill.
Mrs. M. J. M. Mohon of Leaster.

n Fulton Hill.
Mr. M. J. McMahon, of Louisiana Street,
the guest or relatives n Baltimore.
Mrs. C. H. Norman and little daughter,
ho have been visiting relatives and
einds in Fulton, have returned to their
ome, in Middlesex county.
Temple Maynard is out, after his recent
sell of sickness.

f sickness.

N. H. Norman, of Gainesville, Tex., is been visiting relatives in Fulton or three weeks, has returned

ars, Maddox, of Chase City, is the st of her daughter, Mrs. A. E. Slaugh-on Fulton Hill. rs. W. A. Harden is quite sick at

Mrs. W. A. Harden is quite sick at er home, on State Street.
Miss Bell and her cousin, Miss Barum, f Surry county, are the guests of the ormer's brother, Mr. E. M. Bell, and ite, on Williamsburg Avenue. Miss Gertrude Asiley, who has been on a extended visit to friends in Boston, fass, has returned home. Mrs. Marable is quite sick at her home with dispuring Turndire.

York, where he has accepted a nference, who is paston of the Meth-st Church at Highland Springs, has ided to take up his residence on Fulton

recent visitor to Polton.

James Nuckols left last week to daughter, Mrs. Wilson Reams, oke. She was accompanied by coanoke. She was accompanied by little granddaughter, Rae-Wilson

Mr. Don Smith, of Durham, N. C., is the guest of his mother-in-law, Mrs. Caufelt, on Denny Street.

Miss Pearl Sunday, a student at controve Academy, Belona, Va., is the uest of her mother, on the Williamsning Road.

arg food, Arleigh Davis has returned from Hat-m, Va., where he had been for two eeks on a business trip, Mr. J. Haynes is visiting friends in

Robert Throckmorton left las

at Methodist Episcopal day afternoon. a Ladies' Aid Society of Fulton Bap-Church meets Monday afternoon in Fulton Mission rooms. r. Robert Fairlamb, who has been ig in Newport News for some time, returned to Fulton, where he will

Mrs. Duffer, who has been at the Re-eat For the Sick for about a month iffering from typhold fever, has so ar covered that she will be brought home

BARTON HEIGHTS

Miss Jessie Moffat, of Miller Avenu and Messrs, Cabell Wellford Rady,

fat; and Messrs, Cabell Wellford Rady, Lewis Parrish, Robert Kidwell, Fred. Jones, Lee Lorraine, Fred. Davison, Mer-cer Williams, Kimball Mooers, Percy Yar-brough, and Lonnie Luck. Mr. and Mrs. W. M. Anderson, who have been visiting in Washington, have returned to their home on North Avenue. Mr. and Mrs. Charles A. Nesbitt, who have been visiting in Williamsburg, have returned.

Mr. and Mrs. C. L. Gregory, who have been visiting Mrs. E. D. Redd, of North Avenue, have returned to their home in

Mr. J. C. Flynn and family, of Lamb

Mr. J. C. Flynn and family, of Lamb Avenue, have moved to Manchester, where they will reside in the future. Mr. Willie Jenkins, of Norfolk, is visit-ing Mr. George Smith, of North Avenue. Mr. Morris Starritt, who has been visit-ing his parents on Lamb Avenue, has returned to his home in Cincinnati. Mrs. Charles Goodloe, of Lewiston, Va., is visiting her son of Monteiro Avenue.

Dr. Humphreys' Seventy-Seven breaks up Grip and

the timely use of "Seventy-seven"

breaks up a Cold at the start.

Neglected, hard, stubborn Colds, Grip, Influenza, Catarrh, Coughs and Sore Throat are cured by the continued use of "Seventy-seven."

"77" works wonders in any all-

ment arising from Colds.

At Druggista, 25 cents; or mailed. Humphray's Homeo, Madicine Co., Cor. Wil-Mam and John Streets, New York.

News of The Suburbs WHO SHE WAS

SKETCH OF THE LIFE OF LYDIA E. PINKHAM

And a True Story of How the Vegetable Compound Had Its Birth and How the "Panic of '73" Caused it to be Offered for Public Sale in Drug Stores.

This remarkable woman, whose maiden name was Estes, was born in Lynn, Mass., February 9th, 1819, coming from a good old Quaker family. For some years she taught school, and became known as a woman of an alert



and investigating mind, an earnest seeker after knowledge, and above all, possessed of a wonderfully sympa-thetic nature.

In 1843 she married Isaac Pinkham In 1843 she married Isaac Pinkham, a builder and real estate operator, and their early married life was marked by prosperity and happiness. They had four children, three sons and a daughter

daughter.

In those good old fashioned days it was common for mothers to make their own home medicines from roots and herbs, nature's own remediesesilling in a physician only in specially urgent cases. By tradition and experience many of them gained a wonderful knowledge of the curative properties of the various roots and herbs.

Mrs. Pinkham took a great interest.

erties of the various roots and herbs.

Mrs. Pinkham took a great interest in the study of roots and herbs, their characteristics and power over disease. She maintained that just as nature so bountifully provides in the harvest-fields and orchards vegetable foods of all kinds; so, if we but take the pains of find them, in the roots and herbs of the field there are remedies expressly designed to cure the various fills and weaknesses of the body, and it was her pleasure to sharch these out, and prepare simple and effective medicines for her own family and friends. cines for her own family and friends. Chief of these was a rare combina-

and herbs found best adapted for the cure of the ills and weaknesses pecu-liar to the female sex, and Lydia E. Pink-ham's friends and neighbors learned

erty swept away. Some other source of income had to be found.

At this point Lydia E. Pinkham's Vegetable Compound was made known to the world.

But in 1873 the financial crisis struck Lynn. Its length and severity were too much for the large real estate interests of the Pinkham family, as this class of business suffered most from fearful depression, so when the Centennial year dawned it found their property swept away. Some other source of income had to be found their property swept away. Some other source of income had to be found their property swept away. Some other source of income had to be found their property swept away. Some other source of income had to be found their property swept away.

Such is the history of Lydis E. Pink ham's Vegetable Compound; made from simple roots and herbs; the one

Mrs. Joyner, of Franklinton, N. C., is he guest of Miss Mitchell, of North

Miss Mary Thomas, who has been visiting Mrs. William P. Moores, of North Avenue, has returned to her home in Gordonsville,
Miss Sallie Spindle, of Culpeper county, is the guest of Miss Roberta Hickerson, of Luck Avenue.

Mrs. C. P. Bruce has left for Washington on a pleasure trip.

Mrs. C. P. Bruce has left for Washington on a pleasure trip.
Mr. John Walker, of Alexandria, has returned after a pleasant visit to Mr. Frank Thompson, of North Avenue.
Miss Alice Smith, who has been visiting Mrs. Charles Williams, of Monteiro Avenue, has returned to her home in

Miss Maggie Morris, of Lexington, who has been visiting her aunt on North Avenue, has returned.

Mr. W. I. Stockton has left for Farm-ille, on business. vine, on business.

Mrs. A. R. Morton, who has been visiting in Baltimore, has returned.

A Valentine Party for children will be given in the Partsh Hall on Wednesday, February 14th, from 4 to 6 o'clock. There will be many amusements for the little dnes. This entertainment is given by the Junior Auxiliary, and the proceeds will be used for the Foundling Hospital on Church Hill.

A. M. Foizey, who has been quite sick at his home on North Avenue, is slowly

A. M. Folzey, who has been quite sick at his home on North Avenue, is slowly mproving,

mproving. Wowin has returned to her to in Charlotte, after a visit to her tunt on Miller Avenue.

aunt on Miller Avenue.

Mrs. Joseph Blackwell and children, of Reidsville, N. C., are visiting Mrs. J. C. Anderson, of Miller Avenue,
Mr. Gorge Wynant has left for New York on a business trip.

Mrs. O. S. Roller, who has been visiting friends and relatives in Baltimore, has returned home.

Mrs. T. E. Williams, of Maryland, is the guest of Mrs. Frank B. Talson, of Barton Avenue. Miss Sarah Roller has left for Au-

gusta to visit relatives.

Airs. J. G. Evans, who has been visiting friends here, hus left for her home in Petersburg.

Mr. Richard Gierrard, who has been visiting relatives here, has left for his home in Corbin, Kentucky.

Mr. and Mrs. William Gratz, of Chesterfield, who have been visiting Mrs. A. F. Perrin, of Monteiro Avenue, have re-

Mrs. Edward Cain, of Monteiro Avenue,

The Pinkhams had no money, and little credit. Their first laboratory The Pinkhams had no money, and little credit. Their first laboratory was the kitchen, where roots and herbs were steeped on the stove, gradually filling a gross of bottles. Then came the question of selling it, for always before they had given it away freely. They hired a job printer to run off some pamphlets setting forth the merits of the medicine now called Lydia E. Pinkham's

cine, now called Lydia E. Pinkham's Vegetable Compound, and these were distributed by the Pinkham sons in Boston, New York, and Brooklyn. The wonderful curative properties of the medicine were to a great extent, self-advertising, for whoever used it recommended it to others, and the de-

In 1877, by combined efforts the family had saved enough money to commence newspaper advertising and from that time the growth and success of the enterprise the enterprise were assured, until to-day Lydia E. Pinkham and her Vege-table Compound have become house-hold words everywhere, and many tons of roots and herbs are used annu-ally in its manufacture.

Lydia E. Pinkham herself did not live to see the great success of this work. She passed to her reward years ago, but not till she had provided means for continuing her work as effectively as she could have done it

During her long and eventful experience she was ever methodical in her work and she was always careful to preserve a record of every case that came to her attention. The case of every sick

With Lydia E. Pinkham worked her daughter in law, the present Mrs. Pinkham. She was carefully instructed in all her hard-won knowledge, and for years she assisted her in her vast correspondence.

tor passed away. For nearly twenty-five years she has continued it, and nothing in the work shows when the first Lydia E. Pinkham dropped her out money and without price, as a labor of love.

But in 1873 the financial crisis struck

to the world.

The three sons and the daughter, and the fitting monument to the noble with their mother, combined forces to woman whose name it bears.

Avenue, has returned to her home in Sumberland county.

visiting his parents of Lamb Mr. John Booker, of Pe

Miss Fanny Denny, of Washington, is visiting Mrs. C. E. Richardson, of Virginia Avenue.

At the weekly meeting of the Brotherhood of St. Paul, on Tuesday, it was decided to have a "George Washington Party" on February 22nd, in the Parish Hall, for the benefit of the missions. The costumes for the evening will be colonial and in the decorations and tableaux the colonial effect will be carried out.

FAIRMOUNT NEWS

Mr. J. E. Garrett is very ill with pneumonia in his home on short Q. street.

Mrs. Newsome of Roxbury, who has been the guest of Mr. and Mrs. George Knight of Twentieth street, has returned home. Mrs. Edloe Mahanes, of 1316 Twenty-

ACCIDENTS.

Art in plants of the certainty of the results obtained by Futton's Compounds as shown by the recovery also of the friends they told who were similarly afficient.

flicted.

N. W. Spaulding, President Spaulding Saw Co., San Francisco, had a recovery in his own family and told several others, who recovered. Adolph Weste, capitalist, San Francisco, recovered image and told two friends, who recovered image from the following the following several converse.

Dr. Curl D. Ziele, ploneer druggist, 122 D. and gave it to mean family several several

covered animent and the two friends, who recovered.

Dr. Carl D. Ziele, ploneer druggist, 522 pc.

Dr. Carl D. Ziele, ploneer druggist, 522 pc.

Charles San Francisco, recovered himself and gave it to more than a dozen patients, who recovered.

Charles Engulke, editor of the German paper, San Francisco, recovered himself and told it to a number, who recovered, one of them being Charles F. Wacker, the Skith-Street merchant.

R. M. Wood, editor Wine and Spirit Review, recovered, limself and told it to several, who recovered, among them being an old-school physician.

recovered, among the physician. Edward Short, of the San Francisco Call, recovered, also three of his friends, viz.; William Martin, Captain Hubbard, of the Honoluiu voute, and William Hawking of the U. S. Quartermaster's Department, of San San Fran-John A. Phelps, of the Hotel Repelier, San Frankers, and two of his friends, etc. etc. We again proclaim to all the world the curability of Chronic Bright's Disease and Disbetes.

About 37 per cent. of all cases are curable by Fulcon's Compounds. Send for literature, OWENS & MINOR DRUG CO... Richmond.

When to suspect Bright's Disease: Walkness or loss of weight; puris ankles, hands or over lid; dropy; Kilnoy frouble after the Mr. William P. Bethell, of Danville, Vs., spell a week recently with his daughter, Mrs. Percy C. Christian, No. 308 Park vision; drowsiness; one or more of these.

is improving.

Miss Bettle Fitzgerald has left for Greensboro, N. C., where she will make her future home.

Mrs. Robert Coghill of Bowling Green. was the guest of her friend Miss Maud-Scott at the parsonage during the past week.
Mrs. B. H. Thompson, of Twenty-third street will leave shortly for Baltimore to

Mrs. B. H. Thompson, of Twenty-third street will leave shortly for Baltimore to visit relatives.

Miss Bessie Mathows was the guest recently at the parsonage, where she visited her friend Miss Maude Scott.

The infant child of Mr. and Mrs. James Brown of 1401 Twenty-second street, who has been quite ill is improving,
Charles Eubank has gone to King William County, where he will make his tuture home.

The Epworth League of Fairmount Methodist Church has elected the following officers for the ensuring year; President, Miss Mattle Parrish; Vice-president, George Witham; Third Vice-president, George Witham; Third Vice-president, Miss Hortense Watkins; Secretary, Miss Sarah Scott; Treasurer, Miss Myrtle Dowell, Organist, Mrs. Newton Gentry; Chorister, C. W. Pollard,
Mr. Thomas Goode, of Rocky Mount, N. C., is the guest of relatives in this vicinity.

Mr. and Mrs. J. M. Thomas of Louisa

Mrs. Bradley-Hock, who is still quite i, is thought to be slightly improved. Mrs. T. Durvin of 2016 Fairmount Avenue and Mr. C. T. Smith of Richmond wer married in Washington, D. C., Thursday

married in Washington, D. C., Thursiav, Both are exceedingly popular young people, and their many friends here wish them much happiness in their new life. Miss Emma Robins, who has been spending some time with fier brother in the Northern Neck, visited her sister Mrs. B. B. Beadles here during the past week but has now gone to Glen Allen, where she will make her future home.

his home several days with the grip and rheumatism.

Mrs. Joseph Creery of Ninteeneh street who has been ill several weeks, suffered a relapse a short time ago, is now improving.

It was erroneously stated in this column last week that the new piano at the Fairmount school was boug. by the Fairmount school was boug. by the Fairmount school was boug. by the Fairmount school was bought of the school, Miss Dickerson and the teachers and pupils will give a series of entertainments the proceeds which they will pay for the piano. Next Friday bruary land will be held as parents day at the school, and all of the parents who can, are urged to be present at 2 o'clock, Superintendent Jackson Davis will make an address. coleject of setting this day as see for parent's day, is to make the teachers, pupils and their parents acquanted with one another.

Mrs. Mayor, who was taken to the Sheltering Arms Hospital last week is somewhat improved.

Misses Lee and Mamie Jeter have re-

Mrs. Mayor, who was taken to the Sheltering Arms Hospital last week is somewhat Improved.

Misses Lee and Mamie Jeter have returned home after a vist to their Aunt Mrs. Norment of Nineteenth street.

One of the prettlest marriages of the past week was that of Miss Fannie Bunett and Mr. Welbert Martin, which too place Wednesday evening at 8 o'clock in the home of the bride's mother, Mrs. Sarah Burnett of Sis Mosby street, Rev. R. M. Maxey paster of Union Station Methodist performed the cermony. The parlors were prettily decrated in palms and evergreens, and shaded lamps. The bride who is a quite an attractive young lady, was attired in white slik with tulle vell caught with orange blossoms and tle and Willie Corr. were to ushers, Mrs "O Promise Me" very south during the "O Promise Mo" very soft during the eeremony. The groom who is the son of Mr. and Mrs. Merrell Martin, of Howard's Grove, is very popular, as, is also list bride, they received many handsome gifts from their friends which attes; the high esteem in which they are held.

LEE DISTRICT

Mrs. Eugene Dowell, of No. 2114 lvy Avenue is somewhat improved, after having been quite sley for ten days.

Mr. William L. Miller, of Lynchburg, Ya., is on a visit to his parents, Mr. and Mrs. William M. Miller, No. 1724 Grove Avenue.

Mis Genevieve Ellett has returned to her home, No. 2335 West Grace street from a short visit to relatives at Ashland, Va.

2020 West Grace street.

Little Hudson Matthews is able to go about some on crutches, but improves rather slowly, and at times suffers much pain, and so is still under the doctor's care.

Mr. and Mrs. Henry Sandridge, of Crozet, Va., have returned to their home from a visit to Richmond friends, among them, Rev. and Mrs. J. W. Mitchell, on West Grace Street.

Mr. and Mrs. Harry Houseman, who formerly resided at No. 2117 Ivy Avenue, have moved to Raleigh, Nr. C., where Mr. Houseman has gone in partnership with Sherman and Company, printers,
Mr. Charles W. Thompson has sold his house No. 2201 Park Avenue, but expects to build elsewhere in Lee District as soon as he selects a lot.

Mr. John Brothers has recovered his health so far as to be able to resume his studies at the Baptist College.

Mr. Eugene Dowell has returned from a brief visit to his parents at Gordansville, Vú.

Mr. George E. White and family have moved into their heautiful new residence. formerly resided at No. 217 Ivy Avenue, have moved to Raleigh, N. C., where Mr. Houseman has gone in partnership with Sherman and Company, printers, Mr. Charles W. Thompson has sold his health so far as to be able to resume his selects a lot.

Mr. John Brothers has recovered his health so far as to be able to resume his studies at the Baptist College.

Mr. George E. White and family have moved into their beautiful new residence, No. 2218 West Grace street.

Mrs. George E. White and family have moved into their beautiful new residence, No. 2218 West Grace street.

Mrs. Bycamore Street, has returned from a brist to Bernard of the remaining the continuous properties of the form a visit to Rocky Mount, N. C.

Mr. William P. Bettiell, of Danville, Vs., spent a week recently with his daughter, Mrs. Den G. Christian, No. 398 Park street.

Mr. and Mrs. John St. 48e have re-

turned from their bridsl trip and are re-siding at No. 302 Allen, Avenue, Mr. and Mrs. William A. Rice have moved from No. 1618 west Grace street to

moved from No. 1815 west Grace street to Doswell, Ve.,
After spending a few days with Mr. and Mrs. Frank L. Koontz on Allen Avenue, Mr and Mrs. Percy Neister, of Roanose, are spending some time with relatives at Swansboro, Va.

Mrs. Joseph S. Blackwell and children, of No. 1815, west Grace street, have returned from an extended visit to Mrs. Blackwell's parents at Reideville, N. U. Miss Marion C. Cooke, of No. 28 Park street, is improving after having been operated on for mastoiditis at Virgina Hospital.

UPPER HENRICO

Mr. Russell and Supt. Jackson Davis isited Yellow Tavern achool Thursday evening to organize an Improvement gue for the school. As very few of the patrons were present nothing could be

patrons were present nothing could be done.

Mr. and Mrs. William Gibb, of Lakeside, celebrated their tin wedding recently. A large number of friends called to offer them congratulations.

Mr. Frank Sheridan has moved from "Woodlawn" to the Beveridge farm. Mr. Charles Childrey, while visiting his old home in the lower part of the county last week, had given him å small canflon which he made in 1861, on the occasion of the rumor of attack to be made on Richmond by the U. S. vessel "Paronee."

Mr. Jake Childrey entertained the Solomon's Social Circle this week with a magic lantern. The meeting took place at Mrs. Connie Huffman's.

Miss Susie Ford, a recent graduate of the State Normal, has been appointed primary teacher at Dumbarton.

Miss Mattle Waldrop has oeen called to River View on account of the lilness of her sister, Mrs. Laynam.

Mrs. Julia Lints, of Lakeside, visited Richmond recently,
Mr. Washington Terroll continues to improve.

Mr. Washington Technology.

Miss Carrie Lucas has returned to her home after a brief stay with her aunt at Glen Allen.

Miss Emma Robins of the Bastern Shore is now at the home of Mrs. Padgett.

Little Lounelle Pepe is quite sick at her home.

lenburg on account of the illness of his mother.

Mr. Herndon Taliaferro, of Glen Dale, visited friends in the City during the past week.

Little Kenneth Harris has returned to the City after visiting Mr. James Mallory, Miss Annie Hayden, of Caroline, was the guest of Mrs. James Ford during the week.

a silhouette party at Yellow Tavern School on February 21st for the benefit of the North Run Baptist Church.

FAR WEST END

Mr. Clarence Alley, of No. 1605 West Cary street, who has been quite helisiosed for some time is able to be out again.

Mr. Payette Edmonds, of Lynchburg,
Ya. who has been visiting relatives in
this section for some time has returned

home.
Mr. and Mrs. Duncan, who have been

Mr. and Mrs. Duncan, who have been visiting Mr. and Mrs. Malvern Omohundro, of "Idle Repose" Home Place, has returned to their home at "Tamworth" Carfersville, Va.

Miss Katle Sullivan, of West Cary street, lias returned after spending some time as the guest of her Sister, Mrs. Channle Smith on Church Hill.

"The Blue Bell Social Clue met Wednesday night at the home of Miss Rosa Clarke, of Washington Street, the forlowing named being elected for the crising term: President Miss Rosa Clarke, Treasurer, Johnny Miller Jr., Secretary, Hunter Edmonds, After business the members indulged in games and other amusements until a late hour.

amusements until a late hour.
Mr. and Mrs. James L. Sne.der, of Punta
Gorda, Florida, are here as the guests
of Mr. and Mrs. William Gardner of West Main Street.

Mr. Alex, W. Pierce, formerly a resident of this section but who has of late been making his home at Mineral, Va., where he has been engaged in business will shortly remove his family to this section.

shortly remove his family to this section. His many friends will be glad to welcome him into their midst again.

After a short visit here as the guests of friends, Miss Ellen Mills has returned to her home at Centerville, Via Mrs. M. C. Williamson, of Newport News, Va., is expected here in a few days to spend some time as the guest of

though duries sick Mr. O'Mara is able to see his friends.

Mrs. L. T. Edmonds, who recently had the misfortune of falling and breaking her arm, is able to be out again,

Mrs. Virginia Shepperson, of "The Ridge", is the guest of her daughter,

Mrs. Susic Tinsley, of Beverly Street,

Mrs. John Hazelgrove spent a short while here as the guest of friends during the past week.

MECHANICSVILLE NEWS

Mr. L. H. Jones is able to be out again after being confined to his home for sev-

after being confined to his home for several days with in grippe.

Miss Emma Deal is greatly improved at her home on Wood street, after quite a lingering illness.

Mrs. T. G. Patterson has returned to her home here after a pleasant visit to her grandmother, of Petersburg.

Mrs. Snead has returned to her home in Hanover county after a pleasant stay with her sister, Mrs. Malcolm Snead, of Wood street.

with her sister, Mrs. Malcolm Shead, of Wood street.

Mr. R. Rollins, of Bowling Green road, is greatly improved after being confined to his home for some time with a complication of diseases.

Mrs. Mattle Wickers, of Bowling Green road, who has been in bad health for some time, is greatly improved.

Mrs. Susan Melton, of Wood street, who has been quite sick for some time, seems to be slightly better.

Miss Sarah Cox has returned home after a pleasant stay with Mrs. Charles Brown, of Wood street.

Mrs. Mattle Snead, who has been very sick for some time, is greatly improved.

Miss Lillian Tuck, of the Pike, who has been confined to her home for several weeks, is able to be out again.

Mrs. Bessie Kinker has returned to her home here after a visit to her parents, of Whiternock. Va.

watch cover and That's bad bust-

ness, Billi What you been Eating? What were you drinking? What kind of Lazy Chair did you take exercise in?

Now don't think it doesn't matter!

Because, it's your Bowels that talk now, every time you open your Mouth.
That doesn't help your

Popularity, nor your Earning capacity. Besides, a man with bad Bowels is in a

And, a Coated Tongue, or a Bad Breath,

are sure signs of bad Bowels and poor Digestion. Go and take a Ten Mile Walk, for

'Finest thing in the world for Constipation, Indigestion, or Dyspepsia, Ten Mile

Exercisel

Haven't time? Too Lazy? Well,-there is another Way.

Take Artificial Exercise for your Bowels. That's-CASCARETS. They rouse the Bowel Muscles, just

as a Cold Bath freshens Athletic Muscles. Waken them up, Strengthen them so they Contract and Expand the Bowels and Intestines in a healthy active manner.

That's how these muscles work the Food along, through your thirty feet of Intestines, to its Finish. That's how they squeeze Gastric Juice

into the food, to Digest it. That's how they make the millions of little Suckers in the Intestines draw the Nutrition out of Food, and transform it

Your Tongue is Coated! into Blood, Brawn, Brain an

> No purging from CASCAR ETS, because there is no flood ing of the Bowels with a waste of precious Digestive Juice, as with Salts, Castor Oll .-

"Physic," etc. Cascarets act like Exercise. -harmless, pleasant, simple,

convenient, but sure as Shooting.

The thin little Ten Cent Box, carried in your Vest Pocket constantly, is sure protection against the results

- Late Suppers - Cheerful Boozing

- Rapid Eating

-Slow Walking -Easy Chair Athletics -And Lazy Liver.

One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you. Because 90 per cent of these ills begin in the Bowels, or exist through poor

Nutrition. Cascarets don't purge, don't weaken, don't irritate, nor upset your stomach.

careful to get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped

EF FREE TO OUR FRIENDS

Piano Bargains at Fergusson Bros.

Upright Pianos, \$75. to \$190,

antee. One year's tuning, stool and scarf free.

Tuning and repairing of all instruments best in the city. We have

Fergusson Bros.,

Fairmount, expects to returned to her home on Wood street Tuesday.

Mr. George Kirby is somewhat improved at his home on Wood street.

Mrs. Percy Vermilleria has returned to her home after spending some time with friends on the 'pike.

Mr. Eddle Kirby, of No. 30 Wood street, has left for Huntington, W. Va., where he has accepted a responsible position with the shops there.

Miss Mattle James has returned home after a visit to her aunt, Mrs. E. Carter, of No. 20 Wood street.

Mr. Chwile Marcuss, who has been so extremely ill at his home here, is somewhat improved.

Mrs. Ida Hall, of Washington, D. C., is visiting her sister, Mrs. D. H. Patterson, of Maddox Hill.

Mrs. R. E. Roller has returned to her home in Chesterfield county, after visiting for some time her friend, Mrs. Bessie Kinker, of Wood street.

Mr. George Gifford, of Maddox Hill, who has been ill for some time, still remains about the same.

Mrs. C. O. Brown and children are at

work ugain at the locomotive works, after being confined to his home for several months with fever.

Mr. Tom Goode, of Rocky Mount, N. C., is visiting his sister, Mrs. Hill, of Wood street.

Mr. L. E. Timberlake, of the Pike is on a lunting trip in Caroline county.

Mr. J. Garrett who has been ill for several days, still remains quite sick.

BLACK CREEK AND BARKER'S MILL

Burnett, near Gaines's Mill, on Sunday

ast.

Benjamin Barker, of Barker's Mill, vis-ited his daughter, Mrs. Alice Hufner, near New Cold Harber, last Sunday.

Mr. and Mrs. Dorch McGhee, of Seven Pines, visited relatives near Bulah Pines, visited relatives near Bulah Church recently. Miss Sarah Allison, of Hickory Grove,

Church recently.

Miss Sarah Allison, of Hickory Grove, spent several days with her cousins, Misses Elhen and Lizzle Martin, near Barker's Mill.

Mr. and Mrs. Elme Barker and daughter, Gladisc, were recently the guests of relatives at Cold Harbor.

Mrs. Oma Mills and little daughter, Frances, spent last Wednesday with her mother at Hillfork.

Mrs. Robert Martin, of Barker's Mill, gave a birthday party, February 3rd, in her home, in honor of Miss Verna Camp. After the merry little party had partaken of the repast of filee things in abundance, games were indulged in and were thoroughly enjoyed by all.

Mr. and Mrs. Logan Acroy, of Black Creek, visited the latter's brother at Kantucky on Sunday.

Mrs. A. G. Allison, of Hickory Grove, visited friends near Pole Green recently.

Mr. Frank Eeal, who fell and broke his arm last week, is able to be out again.

Miss. Ida. Lynch, of New Castle, is

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Richard O. Fergusson head of firm.

here and is very much improved in health.

Mrs. Hattle Barnes still continues quite sick at her home on Wood street.

Mrs. J. Jones is able to be out again after an indisposition of several days.

Mr. J. H. Matthews, of the Pike, is visiting his mother, of Goochland county.

Mr. Ernest Wooten has moved his family from Bowling Green road to Hander over county, where they will remain for some time as Mrs. Wooten is in bad health.

An Apron and The Party will be given in the home of Mrs. Hope Camp, on February 14th, for the benefit of the Woman's Aid Society of Black Creek.
Mr. and Mrs. Joseph Parsley, of Black Creek, visited in the home of Mrs. James

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